

League of American Bicyclists
League Cycling Instructor Certification Seminar
Held at Studioplex, 659 Auburn Avenue, Atlanta, GA 30312

<http://www.studioplexlofts.com/location.php>

July 28-30, 2011

Coach: Chris Daigle, LCI #331-K Assisted by

Seminar Syllabus

Day 1; All in class- No bike necessary!

Friday, July 28, 2011 (6:00 p.m. – 9:00 p.m.) You are welcome to bring your supper with you.

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| 6:00 p.m. | Sign in |
| | Welcome and introductions |
| 6:30 | Ground rules |
| | Seminar objectives |
| 6:40 | Manual Review |
| | Education Theory |
| 7:30 | Break |
| | Education Theory Continued |
| 8:45 | Assignment of practice teaching modules |
| 9:00 | End day 1 |

Day 2: Both in class and on bike

Saturday, July 29, 2011 (8:00 a.m. – 9:00 p.m. (sunset is at 8:41pm and dark is 9:08pm))

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| 8:00 a.m. | Basics of bicycle education |
| 9:30 | Review of Bike Ed |
| 10:30 | Break |
| 10:45 | On bike instruction and parking lot drills |
| 12:15 | Lunch (ride to lunch) |
| | Skills test |
| 1:30 | Mechanics of Teaching |
| 3:15 | Break |
| 3:30 | Need to knows |
| 3:40 | Course preparation |
| 4:00 | Marketing information and opportunities |
| 4:45 | Review exam |
| 5:30 | Practice teaching |
| 6:30 | Night ride pre briefing and commuting module Dinner break (ride to dinner) |
| 7:00 | Night ride to and from dinner with dark ride after dinner |
| 9:30 p.m. | End day 2 |

Day 3: Both in class and on bike

Sunday, July 30, 2010 (8:00 a.m. – 3:30 p.m.)

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| 8:00 a.m. | Practice teaching (cont.) |
| 9:30 | Break |
| 9:45 | Practice teaching (cont.) |
| 11:30 | Lunch (ride to lunch) |
| 12:30 | Road test |
| 2:30 | Break |
| 2:45 | Evaluation |
| 3:00 | Exit program and photo opportunity |
| 3:30 | End day 3 |

All times depend on no-one being late (including me) and all sessions ending in a timely manner (meaning everyone cooperating).