

League of American Bicyclists  
**League Cycling Instructor Certification Seminar**  
Regional Planning Commission, 10 Veterans Memorial Blvd., New Orleans, LA 70124

**April 19,20,21, 2013**

Trainer:

Chris Daigle LCI #331-K

**Seminar Outline**

**Day 1**

Friday, April 19 (6:00 p.m. – 9:00 p.m.)

6:00 p.m.	Welcome and introductions
6:30	Learning objectives
6:40	Principals of traffic
7:10	Outline of Bike Ed basic principals
7:30	Break
7:45	Outline of Bike Ed basic principals (cont.)
8:30	Crash types and frequencies
8:45	Assignment of practice teaching modules
9:00	End day 1

**Day 2**

Saturday, April 20 (8:00 a.m.– 6:00 p.m., 7:30 p.m.–9:00 p.m.)

8:30 a.m.	Basics of bicycle education
9:30	Teaching techniques/mechanics of presenting
10:30	Break
10:45	Course overview
12:15	Lunch (ride to lunch)
1:15	Skills test
3:15	Break
3:30	Need to knows
3:40	Course preparation
4:00	Marketing information and opportunities
4:45	Review exam
5:30	Dinner break
8:00	Night ride <b>Sunset is at 7:31pm and dark is 7:56pm</b>
9:00 p.m.	End day 2

**Day 3**

Sunday, April 21 (8:00 a.m. – 3:30 p.m.)

8:00 a.m.	Practice teaching
9:30	Break
9:45	Practice teaching (cont.)
11:30	Lunch (ride to lunch)
12:30	Road test
2:30	Break
2:45	Evaluation
3:00	Exit program
3:30	End day 3